

## **Girls Just Wanna Sing PROPERLY!**

*"I only try to sing better than myself!"*

*"Most vocal authorities agree that the five base elements of vocal production are posture, breathing, phonation, resonance and articulation. These five body actions build on each other in the order given."*

Sweet Adelines International Judge Category Description Book. (JCDB)

### **OVER ALL GOAL:**

**To sing with a freely produced, rich, open and resonated sound.**

1. **Posture:** Basis for All Good Singing  
Goal: To build a natural singer's stance in order to produce a free, open, rich and resonated sound.
2. **Breathing:** Fuel for Singing  
Goal: To control breath intake and exhale in order to produce a free, open, rich and resonated sound which flows on a cushion of air.
3. **Phonation:** Production of Sound  
GOAL: To produce a tone which has clarity, is free from constriction; to allow vocal cords to vibrate freely with properly controlled release of air.
4. **Resonation:** Amplification and Enrichment of Tones  
Goal: To allow sound to resonate freely in open, relaxed resonating spaces and achieve a "balanced" sound, one which has both ring and roundness.
5. **Articulation:** Physical Process by Which Sounds are Shaped  
Goal: To shape sound clearly with undue tension and interruption of air.

### **TIPS for developing good singing skills:**

- To identify root cause of vocal challenges, start with posture and work your way through the hierarchy of vocal skills.
- Work on listening skills to develop a keen sense of key center and interval accuracy.
- What you hear in your head is different than what others' hear. Memorize "feelings."